

Agility Accelerator Lab – Team Mastermind Group

Objectives:

- 1) Help a team address their business challenges while learning together
- 2) Practice tools together to create a more agile culture

Session 1 – Set Goals & Success For Mastermind

- Discover challenges/priorities for each person
- Build trust in group & align on mastermind priorities
- Overview of The Five Shifts in Agility

Session 2- Neuro-Emotional Agility tools and practices

- Identifying & exploring “threat vs. safety” states
- Shift from threat to creativity using The Purpose Accelerator
- How to shift your team from threat to creativity: Listen Well Tool

Session 3 - Learning Agility tools and practices

- What is meta-learning and The L.E.A.R.N Practice™
- Review your challenge & apply Cynefin Framework & Bias Checklist
- Set up an experiment for your challenge

Session 4 - Trust Agility tools and practices

- Review of challenge, experiment and what you learned
- Trust First: Mind Story Map™
- Deepening connection: The Empathy Dialogue™

Session 5 - Stakeholder agility tools

- How to align and influence people outside your hierarchy
- Understand your ecosystem - Ecosystem Map Tool™
- Co-Creating with others experiment

Session 6 - Growth agility tools

- Growing yourself through the Experiment-To-Grow Tool™
- How to grow your team with Growth Agility Questions
- How to create a culture of learning & experimentation

